



THE CPD STANDARDS OFFICE
CPD PROVIDER: 50373
2022-2024
www.cpdstandards.com

Autability Training

*Unlock the potential of neurodivergent children in
your school now*

Training courses for those working with age 11 and up



AUTUMN 2022

www.autability.co.uk

About Us

What is Autability?

Autability exists to educate, train and support people who parent or work with neurodivergent children. Autability has two directors, Danielle and Charlotte.

What is our philosophy?

To provide high quality, low cost, training and development programmes accessible to all.

Why are we doing this?

To satisfy a huge need by enabling an understanding of how to create an environment where autistic & ADHD children can achieve their potential.

What's our unique selling point?

We are two neurodivergent parents with neurodivergent children, who understand from personal experience the environment that enables neurodivergent children and adults to flourish.

We also have professional experience of working in schools, social care environments and training, along with formal educational and workplace qualifications.

We are able to see situations from both a parental and professional viewpoint.



Our team

Autability has two directors and an advisory medical team, who check and approve all our training.

Charlotte Chaney

DIRECTOR

- Charlotte is diagnosed autistic, ADHD, dyspraxic and dyslexic and has the following qualifications and experience:
- Post graduate Certificate in Autism (working towards Masters in Autism)
- Mother to a complex son diagnosed with autism, ADHD and epilepsy
- Degrees in music, history and religion
- Qualified teacher
- Director of Supporting Paws
- Fellow of the Royal School of Music in piano, singing and flute
- Co author of Parenting Rewired published by JKP

Danielle Punter

DIRECTOR

- Danielle is diagnosed ADHD & awaiting an autism assessment
- Degree in Psychology
- Mother to a complex son diagnosed with autism and ADHD
- Creator of The Autism & ADHD Diaries blog
- Experienced trainer in corporate and not for profit sectors
- Co author of Parenting Rewired published by JKP

Our medical advisory team

· Karyn:

Bsc (Hons) Psychology Reading
Msc Forensic Psychology London

· Clara:

MBBS DipPsych Imperial College London

· Elspeth:

Diagnosed ADHD
Medical degree from Heidelberg University in Germany
Masters in Surgery



Our training programmes

Are our programmes accredited?

Our programmes are externally accredited for Continuous Professional Development by the CPD Standards Office, one of the most prestigious accrediting bodies for CPD, so you can be sure the material, methods and outcomes of our programmes have been rigorously assessed by an academic panel and are of the best quality.

Who are our programmes for?

Our programmes are relevant for teachers, parents, health professionals, carers, anyone who is working with neurodivergent children.

How do our programmes work?

Study is on-line with a blend of reading, watching, listening and doing, to appeal to all learning styles. Working at your own pace, there is maximum flexibility to fit the programme into your lifestyle.

Autism & ADHD in secondary school



Autism & ADHD training by
neurodivergent trainers

Autism & ADHD In School

Secondary School Edition

Objective

Learn how to introduce simple and effective changes to the school environment, which will enable you to support autistic and ADHD pupils in enjoying their school experience.

Learning outcomes

- Adapt your communication style to suit individual pupils
- Change the teaching environment to help pupils achieve better results
- Flex lesson plans to maximise pupil learning
- Create an inclusive experience for each pupil
- Understand why 'non-academic' challenges, such as break times, are so important and what you can do to positively change them

Suitable for

Teachers, teaching staff, school support staff, parents and other professionals.

Delivery style

Study is on-line with a blend of reading, watching, listening and doing, to appeal to all learning styles.

Working at your own pace, there is maximum flexibility to fit the programme around the rest of your life.

Accreditation

Accredited for 7 hours CPD by the CPD Standards Office

www.cpdstandards.com

Cost

£29.99 per person

Reviews

"Brilliant course... I will recommend this to my employer as I work in a SEN school." MB, Teaching Support Staff

"I found the information easy to follow. I feel able to put learning into practice." Teaching Support Staff

For more information about this programme and bespoke, personalised programmes, contact us at autabilityltd@gmail.com

Preparing for secondary school



Preparing your child for Secondary School

Objective

Learn how to make a child's move from primary to secondary school as stress free as possible.

Learning outcomes

- Understand how moving to a new campus can impact on a child's learning
- Learn how to deliver a calm and regulated journey to school, including how to reduce anxiety and reserve a child's processing power for the school day ahead
- Understand the importance of meeting new school staff
- How to communicate a child's needs to a new school and helping a child communicate with unfamiliar staff
- Where to find ideas for extra support a child may need with friendships, uniform, homework and organisation

Suitable for

Teachers, teaching staff, school support staff, parents and other professionals.

Delivery style

Study is on-line with a blend of reading, watching, listening and doing, to appeal to all learning styles.

Working at your own pace, there is maximum flexibility to fit the programme around the rest of your life.

Accreditation

This course is not accredited.

Cost

£4.99 per person

Reviews

"Very helpful - learnt several new things" NH

For more information about this programme and bespoke, personalised programmes, contact us at autabilityltd@gmail.com



Supporting your autistic child in daily living webinar

Objective

A one hour webinar and accompanying downloadable information booklet where we discuss 5 main areas of daily living that autistic children and adults may require support with.

Learning outcomes

This introductory webinar will give you support and ideas on:

- How to help your child cope with change to a routine or structure
- How to overcome sensory issues associated with personal hygiene and washing
- The importance of finding comfortable clothing and how to go about this
- How to understand challenges with food, including self-restrictive diets
- How to have organised and positive relationships with professionals

Supporting your autistic child in daily living:

An introductory webinar

Suitable for

Teachers, teaching staff, school support staff, parents and other professionals.

Delivery style

A one hour video webinar with written downloadable information booklet.

Working at your own pace, there is maximum flexibility to fit the programme around the rest of your life.

Accreditation

This course is not accredited.

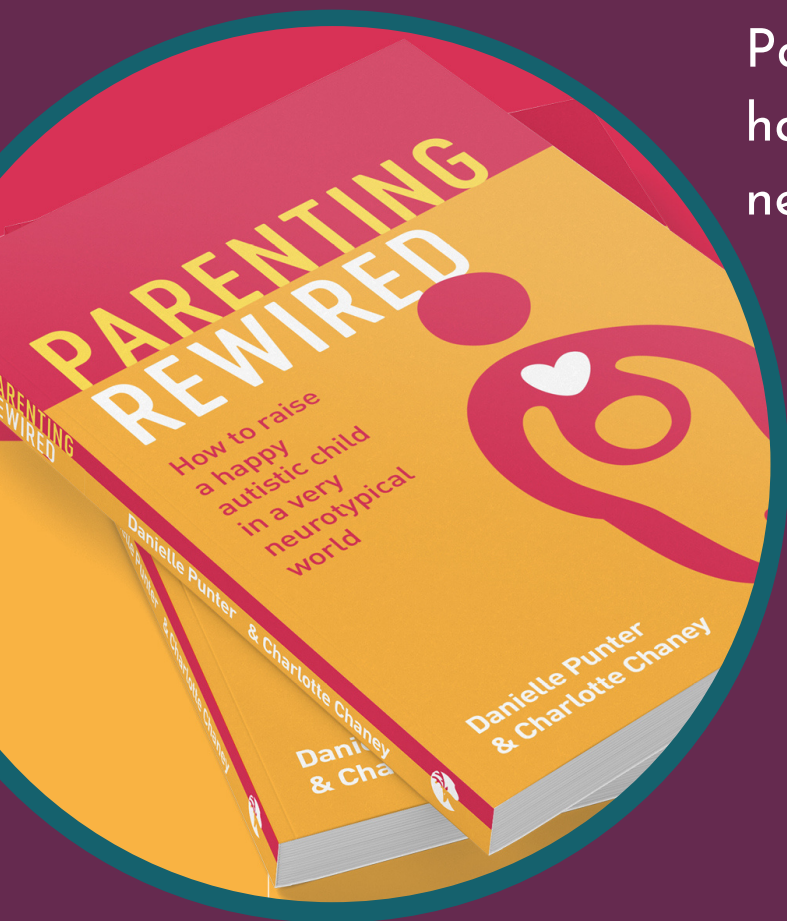
Cost

£9.99 per person

Reviews

Launches 1st November 2022

For more information about this programme and bespoke, personalised programmes, contact us at autabilityltd@gmail.com



Parenting Rewired: How to raise a happy autistic child in a very neurotypical world

Objective

To provide an easy to read, easy to understand book for everyone involved with raising and supporting autistic children.

Learning outcomes

- Understand what autism actually is
- Learn core principles in providing support in an effective and relevant way
- Learn essential adaptations to environments both in and out of the home
- Understand everyday challenges with communication, personal care, sensory issues and education
- Appreciate challenges families face at home and how these can be overcome

Suitable for

Teachers, teaching staff, school support staff, parents and other professionals.

Delivery style

Reading

Accreditation

In the process of formal CPD accreditation.

Cost

RRP £15.99

Reviews

“5* Book for parents/step parents/ carers and professionals.

I have two step children both are autistic and have ADHD. I had never been a parent before let alone to two children with the same diagnosis but completely different needs! I have read this book from cover to cover and have already learned so much. I am a surgeon and was impressed with the level of scientific knowledge and understanding the authors had and how accessible they make it.” Verified purchase on Amazon

Visit www.parentingrewired.co.uk for a wide range of reviews.

For more information about this programme and opportunities for bespoke, personalised programmes, contact us at autabilityltd@gmail.com

Coming soon

We are always adding to our catalogue of training courses and content.

Titles available soon include:

-Supporting an autistic child in daily living

Full modular online course receiving CPD accreditation.

-Early years and autism

Full modular online course receiving CPD accreditation.

-Autism & foster care

Details to be confirmed



Don't forget....

Make sure you take a look at our website for our FREE training videos, podcasts and downloads.

Sign up to our professionals mailing list for workplace scenarios, exclusive articles and discounts.

