



THE CPD STANDARDS OFFICE  
CPD PROVIDER: 50373  
2022-2024  
www.cpdstandards.com

# Autability Training

*Unlock the potential of neurodivergent children in  
your school now*

*Training courses for those working with ages 3 to 11*



AUTUMN 2022

# About Us

## *What is Autability?*

Autability exists to educate, train and support people who parent or work with neurodivergent children. Autability has two directors, Danielle and Charlotte.

## *What is our philosophy?*

To provide high quality, low cost, training and development programmes accessible to all.

## *Why are we doing this?*

To satisfy a huge need by enabling an understanding of how to create an environment where autistic & ADHD children can achieve their potential.

## *What's our unique selling point?*

We are two neurodivergent parents with neurodivergent children, who understand from personal experience the environment that enables neurodivergent children and adults to flourish.

We also have professional experience of working in schools, social care environments and training, along with formal educational and workplace qualifications.

We are able to see situations from both a parental and professional viewpoint.



# Our team

Autability has two directors and an advisory medical team, who check and approve all our training.

## Charlotte Chaney

DIRECTOR

- Charlotte is diagnosed autistic, ADHD, dyspraxic and dyslexic and has the following qualifications and experience:
- Post graduate Certificate in Autism (working towards Masters in Autism)
- Mother to a complex son diagnosed with autism, ADHD and epilepsy
- Degrees in music, history and religion
- Qualified teacher
- Director of Supporting Paws
- Fellow of the Royal School of Music in piano, singing and flute
- Co author of Parenting Rewired published by JKP

## Danielle Punter

DIRECTOR

- Danielle is diagnosed ADHD & awaiting an autism assessment
- Degree in Psychology
- Mother to a complex son diagnosed with autism and ADHD
- Creator of The Autism & ADHD Diaries blog
- Experienced trainer in corporate and not for profit sectors
- Co author of Parenting Rewired published by JKP

## Our medical advisory team

· Karyn:

Bsc (Hons) Psychology Reading  
Msc Forensic Psychology London

· Clara:

MBBS DipPsych Imperial College London

· Elspeth:

Diagnosed ADHD  
Medical degree from Heidelberg University in Germany  
Masters in Surgery



# Our training programmes

## *Are our programmes accredited?*

Our programmes are externally accredited for Continuous Professional Development by the CPD Standards Office, one of the most prestigious accrediting bodies for CPD, so you can be sure the material, methods and outcomes of our programmes have been rigorously assessed by an academic panel and are of the best quality.

## *Who are our programmes for?*

Our programmes are relevant for teachers, parents, health professionals, carers, anyone who is working with neurodivergent children.

## *How do our programmes work?*

Study is on-line with a blend of reading, watching, listening and doing, to appeal to all learning styles. Working at your own pace, there is maximum flexibility to fit the programme into your lifestyle.

# Autism & ADHD in primary school



Autism & ADHD training by  
neurodivergent trainers

## Autism & ADHD In School

*Primary School Edition*

### *Objective*

Learn how to introduce simple and effective changes to the school environment, which will enable you to support autistic and ADHD pupils in enjoying their school experience.

### *Learning outcomes*

- Adapt your communication style to suit individual pupils
- Change the teaching environment to help pupils achieve better results
- Flex lesson plans to maximise pupil learning
- Create an inclusive experience for each pupil
- Understand why 'non-academic' challenges, such as break times, are so important and what you can do to positively change them

### *Suitable for*

Teachers, teaching staff, school support staff, parents and other professionals.

### *Delivery style*

Study is on-line with a blend of reading, watching, listening and doing, to appeal to all learning styles.

Working at your own pace, there is maximum flexibility to fit the programme around the rest of your life.

### *Accreditation*

Accredited for 7 hours CPD by the CPD Standards Office

[www.cpdstandards.com](http://www.cpdstandards.com)

### *Cost*

£29.99 per person

### *Reviews*

"I really enjoyed this course and glad i did it. Taken lots of information away from it." Teaching Support Staff

"I found everything incredibly helpful. I have a much better understanding of autism and adhd. As a ta I believe completing this course will be incredibly beneficial for myself and also my pupils." Teach Support Staff

For more information about this programme and bespoke, personalised programmes, contact us at [autabilityltd@gmail.com](mailto:autabilityltd@gmail.com)

# Preparing for secondary school



## Preparing your child for Secondary School

### *Objective*

Learn how to make a child's move from primary to secondary school as stress free as possible.

### *Learning outcomes*

- Understand how moving to a new campus can impact on a child's learning
- Learn how to deliver a calm and regulated journey to school, including how to reduce anxiety and reserve a child's processing power for the school day ahead
- Understand the importance of meeting new school staff
- How to communicate a child's needs to a new school and helping a child communicate with unfamiliar staff
- Where to find ideas for extra support a child may need with friendships, uniform, homework and organisation

### *Suitable for*

Teachers, teaching staff, school support staff, parents and other professionals.

### *Delivery style*

Study is on-line with a blend of reading, watching, listening and doing, to appeal to all learning styles.

Working at your own pace, there is maximum flexibility to fit the programme around the rest of your life.

### *Accreditation*

This course is not accredited.

### *Cost*

£4.99 per person

### *Reviews*

"Very helpful - learnt several new things" NH

For more information about this programme and bespoke, personalised programmes, contact us at [autabilityltd@gmail.com](mailto:autabilityltd@gmail.com)



# Supporting your autistic child in daily living webinar

## *Objective*

A one hour webinar and accompanying downloadable information booklet where we discuss 5 main areas of daily living that autistic children and adults may require support with.

## *Learning outcomes*

This introductory webinar will give you support and ideas on:

- How to help your child cope with change to a routine or structure
- How to overcome sensory issues associated with personal hygiene and washing
- The importance of finding comfortable clothing and how to go about this
- How to understand challenges with food, including self-restrictive diets
- How to have organised and positive relationships with professionals

Supporting your autistic child in daily living:

An introductory webinar

## *Suitable for*

Teachers, teaching staff, school support staff, parents and other professionals.

## *Delivery style*

A one hour video webinar with written downloadable information booklet.

Working at your own pace, there is maximum flexibility to fit the programme around the rest of your life.

## *Accreditation*

This course is not accredited.

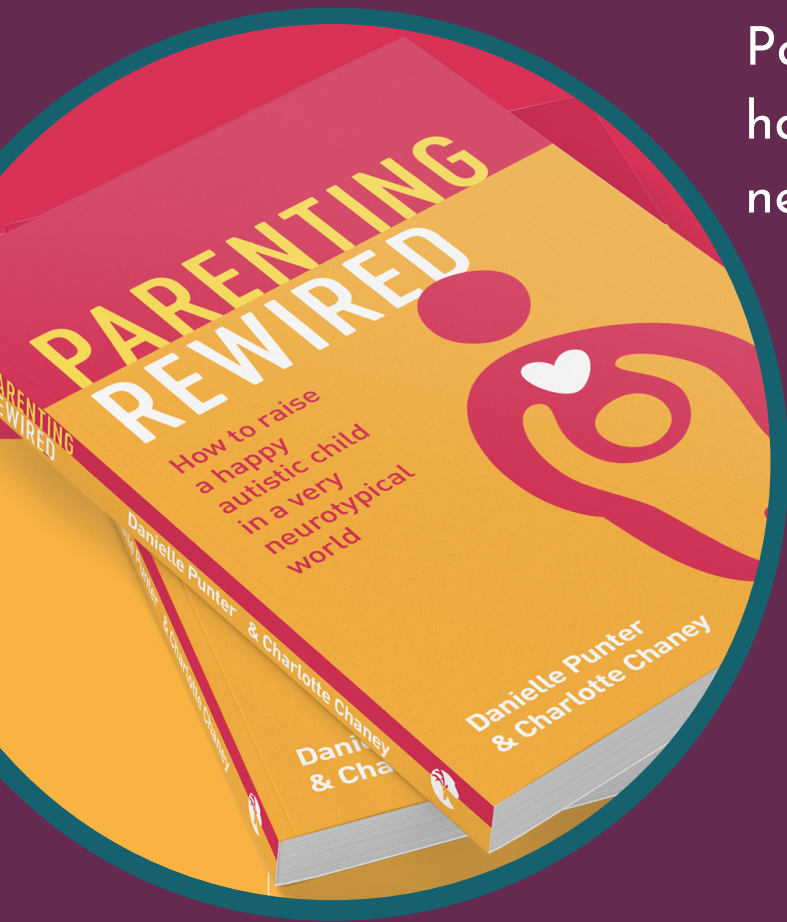
## *Cost*

£9.99 per person

## *Reviews*

Launches 1st November 2022

For more information about this programme and bespoke, personalised programmes, contact us at [autabilityltd@gmail.com](mailto:autabilityltd@gmail.com)



# Parenting Rewired: How to raise a happy autistic child in a very neurotypical world

## *Objective*

To provide an easy to read, easy to understand book for everyone involved with raising and supporting autistic children.

## *Learning outcomes*

- Understand what autism actually is
- Learn core principles in providing support in an effective and relevant way
- Learn essential adaptations to environments both in and out of the home
- Understand everyday challenges with communication, personal care, sensory issues and education
- Appreciate challenges families face at home and how these can be overcome

## *Suitable for*

Teachers, teaching staff, school support staff, parents and other professionals.

## *Delivery style*

Reading

## *Accreditation*

In the process of formal CPD accreditation.

## *Cost*

RRP £15.99

## *Reviews*

“5\* Book for parents/step parents/ carers and professionals.

I have two step children both are autistic and have ADHD. I had never been a parent before let alone to two children with the same diagnosis but completely different needs! I have read this book from over to cover and have already learned so much. I am a surgeon and was impressed with the level of scientific knowledge and understanding the authors had and how accessible they make it.” Verified purchase on Amazon

Visit [www.parentingrewired.co.uk](http://www.parentingrewired.co.uk) for a wide range of reviews.

For more information about this programme and opportunities for bespoke, personalised programmes, contact us at [autabilityltd@gmail.com](mailto:autabilityltd@gmail.com)

# Coming soon

We are always adding to our catalogue of training courses and content.

Titles available soon include:

*-Supporting an autistic child in daily living*

Full modular online course receiving CPD accreditation.

*-Early years and autism*

Full modular online course receiving CPD accreditation.

*-Autism & foster care*

Details to be confirmed



Don't forget....

Make sure you take a look at our website for our FREE training videos, podcasts and downloads.

Sign up to our professionals mailing list for workplace scenarios, exclusive articles and discounts.

